

## **Code Of Conduct For Coaches, Officials and Volunteers**

As a coach, official or volunteer of **Name of Netball Club** I will try to work within the following guidelines:

- Always ensure that I am never left alone with one child. Avoid situations where an individual child (that is not my own) and myself are completely unobserved.
- If any form of physical support is required, it will be provided openly and according to guidelines provide by the Welsh Netball.
- Where possible, parents/guardians will take on the responsibility for their young people in the changing rooms. If young people have to be supervised in the changing rooms, the club will try to ensure that coaches/volunteers work in pairs.
- Encourage an open environment (i.e. no secrets, always explain why you are doing something in that way, encourage a diplomatic approach to the club's activities with young people being able to put their views forward).
- When working with the teams, the club will agree with parents/guardians when it is appropriate to enter the changing area.
- Include young people in committee decisions to ensure their voice is heard.

As a coach, official or volunteer of **Name of Netball Club** I will avoid:

- Spending excessive amounts of time alone with young people away from others.
- Taking young people (apart from my own relations) alone on car journeys, however short.
- Taking young people (apart from my own relations) to my home where they will be alone with me.

As a coach, official or volunteer of **Name of Netball Club** I will never:

- Engage in rough, physical or sexually provocative games, including horseplay.
- Share a room with a young person (apart from my own relations).
- Allow of engage in any form of inappropriate touching.
- Allow young people to use inappropriate language unchallenged.
- Make sexually suggestive comments to a young person, even in fun.
- Do things of a personal nature for young people that they can do for themselves.
- Invite or allow young people (apart from my own relations) to stay with me at my home unsupervised.
- Allow allegations to be made by a child to go unchallenged, unrecorded or not acted upon.

## **Code Of Conduct For Parents, Carers & Supporters**

As a parent, carer and supporter of **Name of Netball Club**, try to work within the following guidelines:

- Do not force an unwilling child to participate in netball.
- Remember children are involved in netball for their enjoyment not yours.
- Encourage your children to play to the rules and not to argue with umpires or other officials.
- Teach your child that honest effort is more important than victory so that the result of each game is accepted without undue disappointment.
- Turn losing into winning by helping your child work towards skill improvement and good sportsmanship.
- Never ridicule or yell at a child for making a mistake or losing a game.
- Remember that children learn best by example. Applaud good play by your team and by members of the opposition.
- Do not question the umpire's decisions or honesty. Remember he/she is only human with the same feelings as you, and like you, can sometimes make an honest error.
- Recognise the importance and value of coaches who are all volunteers. They give children their time and resources to provide netball for your child.
- Read the rules of netball to understand better what you are watching and commenting on.
- Promote this code of conduct to other parents, carers and supporters.

## Code Of Conduct For Young Players (U/18)

### **Do not rumble the thunder!**

Treat team-mates, coaches, umpires and opponents with respect.

Have fun, reach for the top and always try your best.

Umpires are there to interpret the rules for you, accept their decisions.

Never use bad language or insult opponents, coaches or spectators.

Do not try to gain an unfair advantage over opponents.

Enjoy yourself; know the rules of netball and play by the spirit of the rules.

Realise that without your opponents; there wouldn't be a game.

Remember:

- A stranger is someone you do not know. You must never go anywhere with anyone you don't know. You must always ask your parents/guardian if it is OK to go with someone.
- Other people (even relations) are not always good. They can hurt, bully and upset young people, so you must be very careful. Good adults do not ask young people to keep secrets. You must tell.
- If you tell your parents/guardian or coach that you are going somewhere, you should always go there. If you change your mind you should let them know before you go.
- Your body belongs to you and the parts of your body that are covered by a swimming costume are private and shouldn't be touched. Sometimes a doctor or nurse might have to touch there, but your parents/guardian must always be there. If not, you can ask for someone else to be there.
- If anyone does anything you don't like, you must tell an adult that you can trust. If they don't believe you, you must tell another adult until you are believed.



You should know your address and telephone number, and know how to make a reversed charge telephone call should you need picking up or are in any sort of trouble.

- If your parents/guardian send someone to pick you up from training or matches, they should use a secret code word that your parents/guardian and you have arranged. Your parents/guardian should let the coaches know when someone other than them is collecting you.
- If you see a friend getting into a car or going off with a stranger, you must not go near enough for them to get you, but you should shout and tell them not to go, and then go and tell an adult.
- It is always OK to say NO to someone, even a grown-up, who is trying to make you feel uncomfortable.
- Shout and run away if someone frightens you or follows you. Go towards places where there are people, or knock on someone's door and ask for help.
- Remember keeping safe is the important thing. You can break normal rules in order to stay safe.